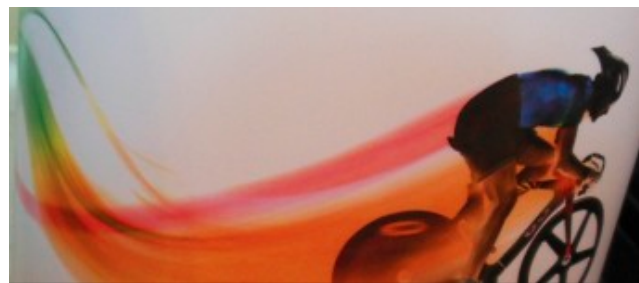


SHAKLEE NEWS

ROCKET FUEL RECIPE

3 Tbsp Lemon/Lime or Orange Performance, and 1-2 Shaklee 180 Pomegranate Energy Tea. Fill your container with room temperature water, stir, then add ice cubes (OPTION: use boiling water for a hot drink).

YOU ARE READY FOR "TAKE OFF"



Lemon Lime # 20497; Orange # 20496

Why is it called "Rocket Fuel"?

In 1991 Shaklee scientists were contacted by NASA because our astronauts were passing out during re-entry into the earth's atmosphere. Shaklee went to work and developed Astro-Ade which has been supplied to NASA since 1993. The shuttle astronauts drank Astro-Ade while in space and they stayed hydrated and alert coming back to earth. Shaklee markets "Performance" for the general public ... a sports drink which rehydrates you faster than water and provides energy and endurance. It's 67% more effective than Gatorade. That's why so many Olympic athletes use Shaklee's Performance. Add the Shaklee180 tea, which in itself is very energizing, and ZOOM!

It's a low caffeine, healthy, natural way to have sustained energy.

Shaklee 180 Energy Tea Mix is an exclusive, antioxidant-rich blend of teas, including Matcha (a premier ceremonial green tea from Japan), white tea, green and red tea from South Africa, which contains a unique blend of polyphenol-antioxidant compounds, and taurine, widely studied for increased energy, alertness & endurance. Helps diminish fatigue, boost energy, and lose inches, without adding calories. A healthier alternative to coffee, sodas, or sweet snacks. Pomegranate #22030 Green Matcha # 22031



Begin
anew with
Shaklee

Early Dementia

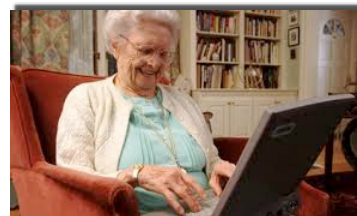
"In September Dr. Frank Painter posted information about a study using Ginkgo Biloba to improve mental anxiety that may be associated with early dementia. I have been taking six of the Shaklee Mental Acuity since I read the post ... more than 90 days.

There has been a remarkable difference in my brain function. Previously I was fairly good until about noon, but after that I was good

for nothing. I just could not focus or even know what I needed to focus on. I was anxious about the situation because of living alone and wanting to be completely independent. Today I feel more like ten years ago. Back to more normal for me ... staying independent and in control. The only difference is the six Mental Acuity. Life has been restored to normal for this 81 year old."
Alice C.

Shaklee Mental Acuity #20637

Scientifically formulated with a standardized extract of ginkgo biloba leaf (standardized to 24% flavones glycosides. 6 % terpene lactones), plus B vitamins.



Shaklee Distributor:

Nutrition makes a Difference

My son Jacob was sick ALL THE TIME during his first 2 years in this world. I remember when he was around 8-10 months old, we wanted to 'sleep train' him. We had to hold him upright so he could breath whenever he was sick and I remember praying "Please God let him stay healthy for 2 weeks so we can get him trained to sleep in his crib!"

He also had horrible eczema from head to toe. When Jacob turned 2 years old his allergies went crazy; he hacked all night long and his chest sounded so full of gunk it was scary. As bad as he was, I kept refusing allergy medication even though every doctor told me he needed them. After 6 weeks of hacking all night and chronic congestion 24/7, I finally caved. The doctor told me he was going to develop asthma if I didn't do something. The first day I started the medication, a friend called me and told me her mom had just started a Shaklee business and that I should talk to her. At that point, I would have done anything.

I was already doing an organic low gluten diet with him but was encouraged to start him on a few supplements and to continue this regiment every day until he was SYMPTOM FREE FOR 30 DAYS. So we started him on the following:

Incredivites (Shaklee Kids Multi)

Vitamin C SR ... 2 per day

Alfalfa - as many as I could get in him.

(Usually around 3-4/day and 3 before bed)

Optiflora

Vitamin D3 - 1/day

So here's where it gets crazy ... in just 2 DAYS he slept all night without coughing. Within a week his congestion was 70-80% cleared up and within a month his eczema was almost gone.

Now, back to the 'symptom free for 30 days' part. I think this is crucial - because he was so much better within a couple weeks it would have been easy for me to think I could slack off, fortunately I resisted doing this. I was consistent for over 60 days and then I added Mighty Smarts and only did the Vitamin C when I thought he needed it and still did the Alfalfa whenever I could just because it's so incredibly good for you. For a good year and a half he was on Incredivites, Mighty Smarts, Optiflora and occasionally Alfalfa, and that was it. The WORST thing that happened over the next two years was a clear runny nose for a day or a slight fever for a few hours, but no sickness that ever lasted more than a day. Then this last April he caught a bad stomach bug, drank Performance mixed with crushed Vita-C sustained release for 3 days and was back to normal. Since April we've had ZERO illness not even a runny nose all summer. And he's at my gym with me 5-6 days a week playing in their daycare room, touching all kinds of germs! Up until Shaklee, Jacob didn't go 2-3weeks without some kind of sickness.

He learned to swallow pills and graduated to 1 NutriFeron, 1 B Complex, 1 Vit. D, 1 Omega Guard, and 1 OptiFlora. One meal a day for the last two years has been either a Shaklee180 shake or a Shaklee meal bar. We're working on swallowing the Vita Lea but not quite there yet! He'll be 5 in January, which will mark 3 years that he hasn't had any major allergy issues. Now that he's older and STUBBORN, his diet is not as healthy as I would like so I'm even MORE grateful for the awesome Shaklee nutrition going into his body.



And to add to our story, we've lived in Memphis, Phoenix, and now Rio Rancho (Albuquerque). Changing climates 3 times and Jacob's allergies have never resurfaced other than maybe 4-5 days when we moved to Phoenix ... extra NutriFeron knocked that out quick. So it just goes to show you it's NOT where you live, it truly is your immune system! Start working on your immune system and GIVE IT TIME. You may need 6 months, maybe a year, or for some just a month is all it will take to make a difference. Just give your body the time it needs.

Thank GOD Angie called me that day.
Laura Harper

PROTECT YOUR SKIN

Enfuselle® SPF 30 for Body #32565 Broad spectrum protection for any day

Designed for all skin types, including the most sensitive skin, this patented, water resistant, oil-free sunscreen smooths easily into your skin and absorbs quickly, without leaving a sticky residue. Soothing and moisturizing, it does not irritate the skin. Patented Vital-Repair+® contains antioxidant vitamins and botanicals. The formula offers broad spectrum protection and adds an extra defense against premature skin aging.



Not a Sales Person? Neither were these folks!

You don't have to be a "sales" person!

What you DO need:

1. Love Shaklee Products from personal experience
2. Desire more freedom, flexibility, and finances
3. Enjoy helping others
4. Stay focused and never quit



Rebecca Sadek & Jed Blumenfeld, NY

"There are so many reasons why we love Shaklee! We have always had the dream of having more time, working from home, and being able to travel. This dream used to seem unattainable to us, but we can now say that we are working towards a future that looks exactly like what we imagined."

"More than Money"

Owning your own Shaklee business means being able to afford things that money can't buy.

- * Work around your own schedule and at your own pace
- * Spend more time with family
- * Travel when you want (*without having to request time off from your boss*)
- * Engage and build relationships with like-minded people

"I woke up one day to find my company had closed their doors. Shaklee has allowed me to be a stay at home mom instead of spending long days working in an office. I am able to work my Shaklee business, along with volunteering at school, training for triathlons, and being a carpool mom for my girls and their many sports commitments."

In just 15 months with Shaklee, we have earned car bonuses, cash bonuses, a trip to Bora Bora and a trip to Atlantis. We even put in a pool with some of our cash bonuses!"



Pam Otto, MI

IMMUNE CHALLENGES

I have auto-immune challenges: thyroid, arthritis, auto-immune hepatitis. My doctor and I tried many products to try and balance my system but none of them worked. Two and half years ago, I was introduced to NutriFeron, and my doctor said to take three a day.

This past January, I was diagnosed with lung cancer and had to undergo radiation. Two weeks ago I was informed that my cancer is gone. I still have pneumonitis (inflammation of the lung) due to the radiation. What has amazed me and my doctor was while going through the cancer and radiation, my immune system was able to function very well. And my liver doctor told me that he was totally surprised that my liver was able to function through the cancer and not get out of balance and cause me trouble.

NutriFeron not only helped to keep my immune system functioning properly but it also got me through cancer without added immune challenges. What a blessing.

Maggie

PROTECTING OUR CLIENTS AND EMPLOYEES

Our decision to use Shaklee's Get Clean products in our Janitorial Services Business was all about protecting our clients and employees. The fact is that while we believed that going green was the right thing to do, we also reduced our cleaning product cost and gave both our employees and clients a better sense of well-being. We chose Shaklee's Cleaning Products over those that are available from every janitorial supply company in the marketplace. WHY? Because they work at a price that works for us and they are good for the environment.

Kevin C.

PREMIUM SAW PALMETTO PLUS

Highly recommended for men over 50 (*some may be wise to start in the mid forties*). Berries from the Saw Palmetto plant contain substances that help reduce prostate enlargement and thus improve proper urinary flow for men. Studies indicate excellent results after 4 to 8 weeks of daily use with none of the traditional side effects associated with traditional medical treatments of an enlarged prostate (BPH). For maximum benefits, add Zinc, Shaklee Energizing Soy Protein and Vitamin E.

The Essential Truth About Enzymes

by Jim Lynn

Beyond the stress of life, environmental issues and lack of exercise, the one thing that separates longevity from early death is the quality of food we eat.

The Standard American Diet (S.A.D.) consists mostly of processed foods, foods which have life-giving enzymes cooked out of them. Heating, pasteurization, radiation and micro waving destroy enzymes in food and liquids. This causes vital parts of the body (heart, bones, organs, brain, blood, etc.) to lose enzyme benefits and consequently become inefficient, diseased, prematurely old, and finally, to stop functioning.

If you eat heated, processed food, if you want longevity, you need enzyme supplements.

Dr. Edward Howell, a pioneer in enzyme research, is formally recognized as the discoverer of the vital role of enzymes in human nutrition. He pioneered more than 50 years of research and scientific experimentation with overwhelming evidence indicating that the primary cause of degenerative disease in humans is enzyme deficiencies, exacerbated by enzyme deficient mothers passing on genetic deficiencies to their offspring.

Dr. Howell, who has written two books on enzymes, theorizes that humans are given a limited supply of enzyme energy at birth, and that it is up to us to replenish our supply of enzymes to ensure that their vital jobs get done. If we do not replenish our supply, we run the risk of ill health. Replenishing enzymes comes from eating whole, unprocessed foods.

Tests have shown that a 70-year-old person has only about half the enzyme level of a 20-year-old. A newborn baby has 100 times the enzymes levels of an elderly person! ***As we become enzyme-deficient, we age faster.***

Enzymes are the stuff of life. In fact, the entire cycle of life is dependent on enzyme activity, without enzymes, we will die. They are so important in our health and well-being, not even vitamins, minerals or hormones have any value without them.

A little-known fact is that the ***regular use of digestive enzymes with meals often sheds excess pounds with dieting.*** Do you remember when you were young and lean? That's when your body had a much higher enzyme level! People who are either overweight or underweight frequently suffer from a lack of enzymes. Once the body receives whole, living foods, it produces changes that work miraculously in overcoming weight problems.

When the body is given an abundance of enzymes, the body can stop exhausting its own supply of enzymes for the sole purpose of digestion of food. The body's enzymes can now break down the excess fat, protein and clogged arteries and therefore have remarkable results for overweight people."

Enzymes digest food, making it small enough to pass through the intestinal walls to the blood and then throughout the body. Enzymes eliminate toxins from the body. Enzymes nourish the body with minerals and vitamins. Without enzymes, minerals and vitamins lay useless in the body or pass through without being used.

Enzymes make up every aspect of the immune system. Every function of the body is dependent upon enzymes, including breathing, seeing, hearing, and thinking.



Shaklee EZ-Gest

- Supports complete digestion of fat, protein, and carbohydrates
- Contains enzymes like those found in Lactaid® and Beano®
- Alleviates discomfort such as gas and bloating
- Helps digest "problem foods" including dairy and gas-producing vegetables such as beans and broccoli, proteins, starchy carbohydrates, and fats
- In a vegetarian capsule

Unlike popular single-function digestive aids, the EZ-Gest multi-enzyme formulation offers comprehensive digestive support.

EZ-Gest: #20633

If you suffer from any of the following health problems, enzyme deficiency could be a leading contributor.

- *Lack of Energy * Aches & Pains * Viral Infections * Premature Aging * Chronic Fatigue
- *Arthritis * High Blood Pressure * Lowered Immunity * Swelling of the Joints * Overweight * Respiratory Problems * Poor Digestion * Loss of Memory * Rheumatism * Hormonal Disturbances * Headaches
- Arthritis * Sciatica * Low Back Pain * Allergies * Eye, Ear, Nose and Throat Disorders
- * Cardiac Irregularities * Pathological changes in the Breasts